BALANCE

Collection orders: 01422 760621 | 3 Crown Street, Hebden Bridge, HX7 8EH

Lunch Menu 12pm-4pm

Bakery & Toasted

(Vegetarian/Vegan Butter available)

Toast £3.50

2 slices of fresh white, wholmeal or gluten free bread with raspberry jam, orange marmalade or Nutella (comes with butter standard) **V**

Spiced Currant Tea Cake £3.50

Toasted and served with butter. **V**

Fresh Homemade Scone £4.25

Pick from a selection of fresh homemade scones and enjoy with jam and butter.
(Depending on availability)
Deal – Any Scone with any pot of Tea for only £7.50

Balanced Granola Bowls

Healthy and delicious, packed with nutrition including high in fibre and protein, also 4/5 of your five-a-day.

Mixed Fruit Granola Bowl £8.50

Banana, sliced apple, orange and kiwi on a bed of Greek yogurt finished off with oat and seed granola, delicious honey and a dusting of cinnamon. **V**

Mixed Berries Granola Bowl £8.50

Raspberries, blueberries, blackberries and strawberries on top of Greek yogurt sprinkled with crunchy oat and seed granola and drizzled with rich honey and dusted with cinnamon. **V**

Mixed Nuts & Seeds Granola Bowl £8.50

Hazelnuts, Sliced and whole almonds, whole cashew with pumpkin, chia and sunflower seeds on fresh Greek yogurt, topped with oat and seed granola, honey and cinnamon. **V**

All available as a high-er protein option for an extra 80p.

More available on the next page...

Homemade Soups

All our soups are slow cooked for enhanced flavour and texture and are served with an individual fresh hot Petit Pain with butter **(vegan butter available**) Substitute Petit Pain for Bread including GF.

Homemade tomato and basil soup £6.50

Indulge in our most popular soup, our creamy homemade tomato and basil soup, slow cooked for twelve hours with oven roasted garlic, fresh Italian baby plum tomatoes and our homemade stock to add a delicious richness you only get with a homemade soup. Topped with a pinch of basil and drizzle of fresh cream. **V** **GF** *bread available*

Homemade Butternut Squash soup £6.50

Looking for something different? Try our delicious homemade Butternut squash soup slow cooked for eight hours with fresh vegetables, herbs, homemade stock and coconut milk making this a really delicious warming soup full of flavour and contributing massively to your 5-a-day.
V **VG** **GF** *bread available*

Check our specials board or with staff for any specials availability

Sandwiches

All sandwiches are served with a fresh side salad drizzled with Italian dressing.

Our Cajun Chicken Melt (served hot) £13.50

A must try and our owners favorite, succulent and tender grilled Cajun chicken thighs on a crispy ciabatta topped with delicious stringy melted mozzarella and a drizzle of mildly spiced homemade smoky chipotle mayo, the perfect sandwich packed with bold flavours a slight touch of heat and citrusy freshness.

Bacon, Cranberry and Brie (served hot) £11.50

You won't be disappointed with this delicious sandwich… a generous amount of streaky bacon fresh from our local butcher lay on top of gooey French brie on a toasted ciabatta spread with a delicious cranberry sauce, the perfect Balance of sweet and savoury which will leave you full and satisfied.
(Substitute meat for plant based bacon to make V)

The Sundried Melt (served hot) £11.50

One of our customer favorites, a small amount of pesto spread on both sides of a crusty ciabatta, then layered with slow grown sundried tomatoes, topped with creamy buffalo mozzarella then grilled until gooey. Finished off with a drizzle of delicious balsamic glaze and topped with fresh rocket to add a slightly peppery crunch and freshness. **V**

More available on the next page…

Balance BL(A)T Sandwich (served cold) £11.50

Our version of a BLT just better, fresh sliced tomatoes lay on a bed of lettuce, topped with fresh avocado, crispy streaky bacon (cold) and finished with a drizzle of homemade sriracha mayonnaise. Topped off with a dusting of cracked black pepper on a slightly toasted ciabatta.
(Substitute meat for plant based bacon) **V**

Bacon Sandwich £5.50

A generous serving of quality streaky bacon from our village butchers on a fresh white bread bap, with or without sauce. **(Substitute meat for plant based bacon)** **V**

Bacon & Egg Sandwich £6.00

A generous serving of quality streaky bacon from our village butchers on a fresh white bread bap topped with a fried egg, with or without sauce. **(Substitute meat for plant based bacon)** **V**

Egg Sandwich £4.50

Two fried eggs on a fresh white bread bap, with or without sauce. **V**

Waffles – Sweet or Savoury

Treat yourself to one of our waffles, made fresh in house, light and fluffy with a subtle hint of vanilla.

1x waffle with toppings £9.50 | 2x waffles with toppings £12.50

Biscoff cream topped with biscoff crumb and spread

Light and fluffy homemade waffle topped with fresh Biscoff cream, crushed Biscoff biscuits and well drizzled with Biscoff sauce, a delicious combination of savoury waffle and caramelized biscuit.

Kinder Bueno Waffle with Kinder Cream

Light and fluffy homemade waffles topped with fresh Kinder cream, Kinder spread, milk chocolate sauce and topped with crunchy chocolate balls finished with two full strips of Kinder Bueno and dusted with powdered sugar

Butchers Streaky Bacon with delicious Maple Syrup

Fresh homemade waffle with a generous topping of local butchers streaky bacon served with delicious Canadian maple syrup. **(Substitute meat for plant based bacon)** **V**

Greek Yogurt & Mixed Berries Waffle

Light and fluffy homemade waffle topped with Greek yogurt, fresh raspberries, blueberries, blackberries and strawberries, finished with a rich honey and a dusting of sweet cinnamon. **V**

Extra toppings £1.00 each | Meat toppings £2.00
*Note: Waffles contain **DAIRY, GLUTEN** and **SOY***

V = Suitable for Vegetarians VG = Suitable for Vegans GF = Gluten Free.
If you have any allergies or there is an issue with anything, please let a member of staff know, thank you.